

## **1. DE-ESCALATING STUDENTS AND SITUATIONS**

- Kathie Axtell, WEA Chinook President

Front office and ESPs are often the first staff in the building that must deal with issues that might escalate with students, parents, colleagues and strangers. Learn the cycle of de-escalation and the art of choosing the right words when conflicts and unsafe situations present themselves. Practical information to help you deal with your safety and those around you when you're on the "front line."

## **2. CRISIS INCIDENT COMMANDER OVERVIEW AND EMERGENCY MANAGEMENT TRAINING OPPORTUNITIES**

-Daniel Good, Training Program Manager, Snohomish County Emergency Management

The Incident Command System (ICS) is a standardized approach to the command, control, and coordination of emergency response providing a common hierarchy within which responders from multiple agencies can be effective. This class will give an overview on the school Incident Command System and the interface challenges.

## **3. MOLD AND INDOOR AIR QUALITY**

-Steve Hurley

Concerns about indoor exposure to mold, health effects and symptoms, including allergic reactions. Guidelines for the remediation/cleanup of mold and moisture problems in schools. Measures designed to protect the health of building occupants and remediators.

## **4. RESILIENCE STRATEGIES FOR EDUCATORS: Creating a Self-Care Plan for Burnout, Stress & Compassion Fatigue**

-Corinne Gannon, MSW, Ellsworth Elementary Counselor/Social Worker

-Wendy Silverstone, LCSW, SMART Team Coordinator and Connect Evergreen Coalition Coordinator

Be given an overview of burnout, stress and compassion fatigue in the education setting. Participants will utilize the ProQOL (The Professional Quality of Life Scale) to do a self-assessment of their levels of compassion satisfaction, burn-out and secondary traumatic stress. Information will be provided on developing a personal self-care plan. Participants will create their own self-care plan.

## **5. FUNDAMENTAL VIEW OF THE WORKERS' COMPENSATION SYSTEM**

-Kathy Perezli, Project Help

Provide resources and guidance to injured workers in Washington state. Assistance with claim filing procedures, workers' rights and responsibilities, return-to work opportunities and help navigating your claim through the Labor and Industries system.

## **6. NETWORKS FOR LIFE YOUTH SUICIDE PREVENTION TRAINING**

-Jennifer Winslow – Crisis Clinic

Networks for Life is a certified training for school faculty, individuals in the field of education, and any adult who works directly with youth. This training includes policies, procedures, and roles of the professional and institution in youth suicide prevention, intervention, and post-vention; skills to identify, explore, and intervene signs of suicidal ideation; communication with students and their families about depression and suicide; laws and ethics in confidentiality and reporting; and tools to support youth after a suicide loss.

## **7. SUPPORTING UNDOCUMENTED STUDENTS AND FAMILIES**

-Jared Ibarra, Bellingham Schools

Learn about the strategies and methods the Bellingham School District uses to support community members during difficult and dangerous times.

## **8. ACTIVE SHOOTER RESPONSE IN SCHOOLS**

-Pat Nicholson and Kari Clithero, certified ALICE Institute Instructors

This ALICE (Alert, Lockdown, Inform, Counter, Evacuate) Training will give participants an overview of how to prepare, plan and respond proactively on how to handle the threat of an aggressive intruder or active shooter event. This thought provoking training will give you tools that you can take back to the workplace in order to evaluate emergency procedures concerning threats of this nature.

### **Preliminary Agenda**

9:00 am	Registration
9:45 am	Opening Comments (Kim Mead)
10:00 am	Morning Session
11:30 am – 12:30 pm	Lunch
12:30 pm	Afternoon Session
2 pm	End of Conference