



Update - Stay Connected

October 4, 2019

Important SEBB Open Enrollment Information for EVERY Employee

SEBB is a state mandated change to your benefits. The LWSD, LWEA and WEA continue to work very hard to bring you accurate and concise information as changes, even within the last few weeks, have been implemented by SEBB. Carefully read through the following information:

- SEBB is an “Opt-Out” program. This means ALL employees MUST take action during the SEBB Open Enrollment. If you have medical coverage through another source (spouse, parent) and will not be electing medical through the SEBB, you are required to opt-out of SEBB medical.
- If you do not opt-out, you will automatically be enrolled in a default plan and this will become your primary medical coverage.
- Everyone who is enrolling in a medical plan will be charged the tobacco use surcharge of \$25 unless you elect to be a non-smoker on the attestation page of your SEBB account. After making your election you will need to confirm your change by clicking the green OK button(s). Clicking the OK button will then take you to a Confirmation page – here you will click the green Confirm button.
- **DO NOT WAIT** to begin the enrollment process. Gather information about your current plan such as deductibles and co-payments. If you are adding dependents to your plans have your dependent verification documents ready (see resource below).

Prepare before you begin the enrollment process by visiting these useful resources:

- [SEBB Staff Portal](#): LWSD’s one-stop location for all SEBB info, links and prior email communications.
- [LWSD FAQs](#): Frequently asked questions by district employees.
- [SEBB FAQs](#): Frequently asked questions by School Employees in Washington
- [School Employee Enrollment Guide](#): Eligible employees should have received their enrollment guide in the mail from the Health Care Authority.
- [SEBB Benefit Plan Comparisons](#): High level comparison of the benefit plans.
- [SEBB Benefit Plan Premiums by County](#): Employee premium rates.
- [Allowable Dependent Verification Documents](#): In order to add dependents for benefits in SEBB My Account, you will need to provide documentation. NOTE: American Fidelity is able to attest to these documents.
- [Find a Provider](#): Allows you to search for providers for each SEBB benefit plan.
- [Health Care Authority SEBB Benefits Fairs](#): These started on September 30 and will go through the November 15th open enrollment period. There are locations available throughout the State.
- [Virtual Benefits Fair](#): Health Care Authority’s Online resource with information and videos about the benefit options. You will also be able to access an online benefits advisor tool called ALEX (starting on October 3) to help you choose a plan.

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Need Help Enrolling In/Understanding Benefits?

American Fidelity: If you would like help enrolling for benefits, or need help understanding the different benefit plans, [Schedule an Appointment](#) to meet with a representative from American Fidelity. Time slots are filling up quickly, so don't wait to sign-up. Lake Washington School district has arranged to have American Fidelity representatives available at each building location to provide assistance with:

- SEBB Open Enrollment
- SEBB benefit plan reviews and comparison
- Dependent Verification Attestation, eliminating the need to upload documents in SEBB My Account.

Benefit counselors from American fidelity are also available to answer SEBB questions and can be contacted at afes-wabranch@americanfidelity.com or by phone at **888-659-1531**.

WEA Hotline: This service is meant to supplement the tools and information the state and your district has provided. WEA is offering support for our members who need additional assistance selecting an insurance company and/or plan, or for those who have complicated health care needs, such as a chronic condition or who may be in the middle of treatment when the new plans take effect in January. Members can access this program by calling toll free, 855-668-5039, Monday through Friday 7:30 a.m. to 5:00 p.m. Callers should be aware of the following:

- Customer service reps will do their best to help callers navigate the online resources available and connect people to the right resources to get their questions answered. And while they may not be able to address every question immediately -- the intent is to ensure every member knows that there is a place they can call and get a helping hand to work through the transition process to the state-sponsored SEBB program.
- Some of the answers may take time, begin reviewing the information early to determine if you will need assistance.
- The hotline may get very busy as we get near the end of open enrollment - give yourself as much time as possible. Start preparing NOW.

SEBB open enrollment is underway; more HCA Facebook Live Events

Open enrollment has begun and will continue until 11:59 p.m. Nov. 15. Meanwhile, the Health Care Authority has scheduled another [Facebook Live event](#) to take people's questions regarding the SEBB. This one will be on Oct. 8 from 5-6 p.m. There are recorded versions of the first two events on their Facebook page as well.

Still Have Questions?

If you have read through the above information and utilized the resources and still have questions, please contact: SEBBbenefits@lwsd.org.

LWEA Office

10604 NE 38th Place, Suite 212
Kirkland, WA

425-822-3388



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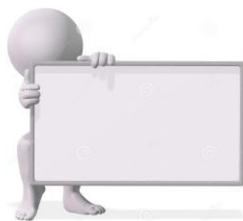
Marilyn Hargraves
LWHS / 425-936-1700

Special Services Rep:

Cookie Grant-Suggs
Dickinson / 425-936-2530

Ethnic Minority Rep:

Maryziel Galarpe
Blackwell / 425-936-2520



Strategies for Positive Behavior Interventions



For a wide variety of students in the GenEd classroom: Classroom Management using PBIS Strategies

Wednesday, October 9 4:30-7:30PM

Students bring many behaviors to the classroom. While the same behavior may be exhibited by multiple students, the root causes vary and may need different interventions. The PBIS framework uses evidence-based prevention and intervention practices to support the academic, emotional and behavioral competence of all students. Instructors will focus on the classroom environment, acknowledging students, and addressing misbehavior.

- Focus on building positive classroom culture, with structure and predictability.
- Learn effective practices to prevent and intervene with unwanted behaviors.
- Apply PBIS knowledge to the classroom.

This course will kick off our Support Intervention series for the school year! Our special guest panel will include teachers and counselors from the elementary and secondary levels and Rebecca Fry, behavior training specialist. For the rest of the series we are considering sessions focused on ELL, Autism, Safety Net, Trauma, SpEd, and Behavior Issues.

Details: Three (3) free clock hours and light dinner for LWEA members.

Where: LWEA Offices, 10604 NE 38th Pl, Kirkland

Direct Registration Link: [Support Interventions](#)

Questions: Contact [Terri Neely](#)



Professional Development Offerings Coming Soon:

- Culturally Responsive Training Parts 1&2 – Oct 23 & 30
- Culturally Responsive Training Parts 3&4 – Nov 16
- PGP & PGE – Nov 13
- Teacher Cert 101 – Nov 4 (back by popular demand)

TEACHERS SUPPORT LWESP



Show your support by wearing your **RED** button every day until a settlement is reached.

Marketplace

Ads are run in the Update on a first come, first served basis. All ads must include a home email and/or phone number. Send directly to [Terri Neely](mailto:Terri.Neely@lwea.org) in the LWEA office.

All ads are subject to the approval of the LWEA Executive Committee and may be edited for length.



Oct 1 – Nov 15

SEBB Open Enrollment

Oct 8

Exec Committee Mtg

Oct 9

Support Interventions PD

Oct 10

EOC Gathering

Oct 18

No School
LEAP Day

Oct 22

Rep Assembly Meeting

Oct 23

CRT Part 1

Get Your LWEA Shirt Today

All the cool teachers will be wearing one!!

Now introducing LWEA gear! Visit <https://www.idiazpromotions.com/lwea> to choose from a variety of styles and sizes. Delivery for free! Select **BUILDING REP DELIVERY** at checkout.



A FRIEND IN NEED

We have a member in need of **Shared Leaved**. Please consider donating by filling out a donation form and sending it to HR. Donation forms can be found in your building – check with your office manager. Thank you.

- Abby Rogers, Mead Elementary, is in need of shared leave while she undergoes treatment and recovery for breast cancer.

FOR RENT:

Condo: Available now – 980 sq ft condo w/2 bedrooms, 2 bath and 2 parking spots. Washer/dryer included. Ground level, corner unit with fenced-in backyard. Small dogs under 20lb, no cats. Access to residence shared building – BBQ, workout facility, TV/kitchen. \$2100/m including water & garbage. Located in Redmond off Willows Rd – Boulders Contact Kari Ely elykari@hotmail.com 425-829-5557 (Kari, Rose Hill El)

FOR SALE:

Wood Dining Set: \$350 Five piece solid wood dining set. Options include 42" round or 42"x60" oval with gear driven expansion. Good condition. Can seat up to 6. If interested and would like to see pictures, contact Marilyn 425-949-7049. (Marilyn Case, Sandburg)

HELP NEEDED:

Office Help: wanted in Chiropractor's office, Overlake area. Answer phone, schedule patients. Perfect for a mom or college student. Hours are negotiable. Contact Mark Lockwood 425-455-3636. (Shell Lockwood, retired)