

# Update - stay connected

[www.lakewashingtonea.org](http://www.lakewashingtonea.org)

October 26, 2022

## »» SEBB Benefits – Open Enrollment Begins Monday! ««



### 3 Things You Should Know

1. **The open enrollment window for SEBB is shorter this year!** Open enrollment dates: Oct 31 - Nov 21, 2022
2. **Forms and SEBB My Account will be available to make changes for open enrollment on October 31.** Enrollments, changes, and premiums are effective January 1, 2023.
3. **Visit [Open Enrollment - SEBB](#)** to review your current enrollment and research changes.

### The Benefits Fair is Back!

Lake Washington School District will be hosting an **in-person Benefits Fair** on Nov 16th from 2–6 p.m. at The Old Redmond Schoolhouse. More information will be coming soon from [SEBBbenefits@lwsd.org](mailto:SEBBbenefits@lwsd.org).

American Fidelity will be setting up appointments to assist you with your SEBB benefits enrollment and questions. More information coming soon.

**LWEA Officers and  
Executive Committee**

President:

[Howard Mawhinney](#)  
LWEA / 425-822-3388

Vice President:

[Katie Badger](#)  
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Intermediate Rep:

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Alcott / 425-936-2490

Middle School Rep:

[Hattie Midboe](#)  
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High School Rep:

[Bethany Shoda](#)  
LWHS / 425-936-1700

Specialists Rep:

[Nikole L alas](#)  
RHS / 425-936-1800

Special Services Rep:

[Karyn Taggart](#)  
KaMS/ 425-936-2400

Ethnic Minority Rep:

[Michael Finley](#)  
RHS/ 425-936-1800



# MONEY MINUTE



To submit a general question to be considered for this column, please send an email to [moneyminute@washingtonea.org](mailto:moneyminute@washingtonea.org)

## Pre-Retirement Seminar

LWEA will be offering the first Pre-Retirement Seminar of the 22-23 SY on Friday, Dec.2 and Saturday, Dec. 3. Both sessions will be held at the LWEA Office. The sessions will go into depth on Social Security, Health plans and Retirement plans. Priority is given to those who will be retiring this year.

For more information and to register, see:  
[Pre-Retirement Seminar December 2022](#)

Washington  
**Paid Family & Medical Leave**

## Changes Coming to PFML Premiums

Paid Family Medical Leave (PFML) will see a rate increase starting on January 1, 2023. This represents a 0.2% increase from 2022 and a doubling of the rate from the inception of the program. This rate gets split under the law between the employer (27.4%) and employee (72.76%) for payment.

Paid Family and Medical Leave is an insurance program funded through premiums paid by nearly everyone working in Washington and many of their employers. **There is now a PMFL Ombuds office available to help members who are trying to navigate the system.** <https://paidleaveombuds.wa.gov/>

# WEA's Inclusionary Practices Project and Special Education Support Center

WEA's Inclusionary Practices Project (IPP) and Special Education Support Center (SESC) offer courses online, in real-time, via Zoom. They have extended their Special Event, Inclusive Schooling Summer Leadership Institute 2022 as an on-demand access opportunity, where registrants can access all the content from the Summer live program. There are several other opportunities as well, see the details and registration links below.

**The Social Express:** October 26th, November 2nd, November 30th, and December 1st, 2022 from 4:30 PM - 7:30 PM

- REGISTER HERE: <https://cvent.me/DzQ4Rb>

**Teen Career Path:** October 27th, November 1st, November 8th, and November 15th, 2022 from 4:30 PM - 7:30 PM

- REGISTER HERE: <https://cvent.me/1IN919>

**Inclusionary Practices for Substitutes:** Monday, November 7th, 2022, and Wednesday, November 9th, 2022, from 4:30 PM - 7:30 PM

- REGISTER HERE: <https://cvent.me/1lx5ya>

**Laying the Groundwork for Social Justice in our Classrooms and Learning Communities w/ Mirko Chardin (1.5 hours):** November 21st, 2022 from 4:00 PM - 5:30 PM

- REGISTER HERE: <https://cvent.me/wo5YEZ>

**Inclusive Schooling Summer Leadership Institute 2022:** Virtual Summer Conference, Now offered as On-Demand Content ONLY.

- REGISTER HERE: <https://cvent.me/RkPO9n>

Clock hours are **NOT** provided. Registration will stay open until 1500 spots are filled. **For free registration**, you must register through WEA using these links: WEA [synchronous training page](#) or [asynchronous training page](#). You may also check the SESC [website](#).

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## OFFICE STAFF

Office Manager: Terri Neely  
Field Assistant: Diana Wagner  
UniServe Rep: Nani Lium

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Suite 100  
Redmond, WA 98052

# VOTE

## General Election - Nov. 8

Ballots have dropped.

[Here is the list of WEA endorsed candidates](#)

[Here is the WEA voters' guide.](#)

### Marketplace

Ads are run in the Update on a first come, first served basis. All ads must include a home email and/or phone number. Send directly to **Terri Neely** in the LWEA office.



**OCT 31**

**HALLOWEEN**

**NOV 1**

Exec Comm/Comp  
Team Mtg

**NOV 6**

Daylight Savings

**NOV 8**

Election Day

**NOV 11**

Veterans Day  
No School

## Coming Soon

Nominations for the following Rep Assemblies:

- Delegates for WEA RA, April 13-15, Spokane WA
- Delegates for NEA RA, July 1-6, TBD

Think about colleagues that would share the voices of LWEA and nominate them ..... OR nominate yourself. All delegates must be members in good standing.

## MARKET PLACE

**FOR RENT: Kirkland/Juanita Apartment Available Nov. 1**

\$1,795 + utilities. 1,000 sq. ft. Spacious garden level apartment in split level house in quiet residential neighborhood. Shared laundry room. Private patio entrance. Personal gardening space available. One dedicated off-street parking space, additional parking on Broad street. No pets, no smoking. Security deposit, move-in, and cleaning fees equal to one month's rent and utilities per new Kirkland and King County regulations.

Walking distance to Juanita Village and Juanita Beach: 0.5 mile; Bus Stop 0.2; Juanita El .6 miles, Juanita HS 1 mile, Finn Hill MS 1.3. Credit check & references required. Must have minimum credit score of 720. To schedule afternoon or evening showing, call Inge 425-823-5710.