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November 2, 2023

# Open Enrollment for SEBB October 30 through November 20

This is your opportunity to make changes to your health plan benefits. All changes made during open enrollment are effective January 1, 2024, and will affect your January pay.

# **Additional Information about Open Enrollment**

Visit <u>SEBB Open Enrollment</u> and the <u>LWSD Staff Portal for SEBB</u> Benefits

#### Changes you can make during Open Enrollment:

- Change your medical, dental, or vision plan
- Add or remove a dependents
- Waive medical coverage
- Enroll in medical coverage if previously waived
- Enroll or reenroll in a Medical Flexible Spending Arrangement (FSA) or the Dependent Care Assistance Program (DCAP)

**How to make changes:** Log in to <u>SEBB My Account</u> and submit your changes between October 30 and November 20, 2022.

**2024 Medical Plans and Premiums :** Medical plan premiums changed for 2024 and can be found on the SEBB website at:

Compare medical plans | Washington State Health Care Authority

#### LWEA Officers and Executive Committee

President: <u>Howard Mawhinney</u> LWEA / 425-822-3388

Vice President:

<u>Katie Badger</u>

LWEA / 425-822-3388

Primary Rep:

Patti Cook

Rush / 425-936-2690

Intermediate Rep:
Rojine Rudio
Red El / 425-936-2660

Middle School Rep: <u>Martha Daman</u> RSAR/ 425-936-1544

High School Rep: <u>ShineMay Woodcock</u> JHS / 425-936-1600

Specialists Rep:
Nikole Lalas
RHS / 425-936-1800

Special Services Rep: <u>Karyn Taggart</u> KaMS/ 425-936-2400

Ethnic Minority Rep: <u>Michael Finley</u> RHS/ 425-936-1800



#### Nominations Are In .....

Candidates for LWEA Officer positions are as follows:

#### President:

Katie Badger

Vice President:

Rojine Rudio Cathey Hettinger Nicole Rollofson



### Opportunities to get to know your candidates:

- In next week's Update you can read statements submitted by candidates.
- At the Rep Assembly on November 14th, candidates will address building reps with a 5 minute presentation of their candidacy.
- The Elections Committee will host a Q&A session with candidates for President and Vice President on Thursday, November 16th at the LWEA office. More information will be forthcoming.
- Candidate Q&A will be posted in the Update on Nov. 22nd

# **Friend In Need**



Aly Shiels, teacher at Muir Elementary, is expecting a baby in November. She is in need of shared leave donations to ensure her medical benefits continue during her maternity leave. Any donations would be greatly appreciated. Thank you in advance for your consideration and kindness.

Please consider a <u>Shared Leave Donation</u> by filling out the donation form and sending it to <u>leaves@lwsd.org</u> Thank you.

## MONEY MINUTE

Got a question about your pay? Email asklwea@washingtonea.org

#### REVIEW YOUR PAYCHECK EVERY MONTH.

Be sure to check your pay information in <u>Employee Access</u>. To access your individual pay check: from Employee Access, select "Check History" and follow the steps on our helpful guide <u>How to Read Your Paycheck - Certificated</u>

September	October	November
Elementary conference pay     Split assignments	<ul> <li>Remedies for 13.1.4, 13.1.5, 13.4, 13.5, 13.7</li> <li>Super-contracts issued by Oct 10</li> <li>Transfer/reassignment pay under Article 23</li> </ul>	<ul> <li>Remedies for 13.1.2, 13.3.4</li> <li>Super contracts issued after Oct 10</li> <li>Prep remedy</li> <li>Technology stipend</li> <li>Acitvity stipends</li> </ul>

#### CHECK OUT OTHER RESOURCES ON THE LWEA WEBSITE:

- Salary and stipend schedules.
- Know Your Paycheck: our guide to what you will see on your paycheck and what it means.

# CBA Language Highlight

October and November are times to review building budgets. Budgets have been delivered to buildings. Check in with your building rep and principal on budget work being done in your building.

#### SECTION 10.10

By October 1 the principal will seek input from interested staff regarding the building budget. Principals will distribute finalized copies of the building budget, including carryover, using a standard format, and will hold a meeting to discuss the final budget with interested staff by November 15. When a building receives Federal and State CTE funding, those funds will be clearly defined in the budget.



# Thank Your Psychologists



During the week of November 6-10, schools throughout the country will celebrate National School Psychology Week (NSPW) to highlight the critical work school psychologists do to help students thrive. This year's theme is "Let's Grow Together," inspired by the importance of both personal and shared strengths in our growth as individuals and school communities in every season of life. The theme recognizes every aspect of growth, as fundamental to effective learning environments and to school psychologists' role in supporting student well-being and learning.

#### **LWEA OFFICE STAFF**

Office Manager: Terri Neely Field Assistant: Diana Wagner UniServe Rep: Nani Lium 8575 164th Ave NE Suite 100 Redmond, WA 98052



### Marketplace

Ads are run in the Update on a first come, first served basis. All ads must include a home email and/or phone number. Send directly to **Terri Neely** in the LWEA office.



#### NOV 5

Day Light Savings!

#### NOV 7

**Election Day** 



#### **NOV 10**

Veterans Day observed No School



# WHISPERS OF WISDOM MEETS EDUCATORS OF COLOR SPECIAL ONE TIME EVENT

- (RE) CONNECTING
  - SHARING
  - EMPOWERING

You're invited to join for dinner and good conversation.

November 15, 2023

4:30-6:00PM

#### All LWEA members are welcome to attend.

For more information and to RSVP, see:

**WoW-EoC Special Event** 



**CONDO FOR RENT:** 2 bdrm, 2 bath (one master bath), very spacious unit with single car garage. Ground level, end unit, with a winter view of the cascades. Convenient Redmond location; walk to RTC, downtown, shopping, QFC, and the Sammamish River trail. Available Dec. 1st, \$2200/month (includes water/sewer)

**JOB SHARE:** Looking for a primary teacher (k-2nd) to job share with for the 2024-25 school year. Please message Kelly Simpson at <a href="mailto:simpson602@hotmail.com">simpson602@hotmail.com</a> if interested for more details. More information on job sharing can be found on page 119 of the <a href="mailto:contract">contract</a>.